

## Fibromyalgia Symptom Checklist

- abdominal pain
- air gulping
- air hunger
- alcohol intolerance
- allergies
- allodynia
- anxiety
- aphasia
- balance issues
- blind spots
- bloating
- blurred vision
- broken sleep
- bruising
- burning skin
- canker sores
- chest pain
- chronic muscle pain
- clumsiness
- cluster headache
- cognitive disorder
- confusion
- Conjunctivitis
- constantly sighing
- constipation
- language impairments
- leaky gut
- Costochondritis
- cough
- curved nails
- cysts
- decreased energy
- depression
- diarrhea
- directionally challenged
- disequilibrium
- disoriented
- dizzy
- double vision
- dry eyes
- dry mouth
- dysphasia
- Dyspnea
- dysrhythmia
- easily distracted
- Eczema
- excessive sweating
- eye pain
- fainting
- fatigue
- fertility issues
- fibro fog
- fibrocystic
- floaters in vision
- flu-like symptoms
- food cravings
- gas
- GERD
- gluten intolerance
- hair loss
- hearing loss
- heart murmur
- heart arrhythmia
- hemorrhoids
- high blood pressure
- hoarseness
- hyperalgesia
- Hypersomnia
- hypotension
- IBS
- impaired reasoning
- impotence
- increased thirst
- inflammation
- insomnia
- interstitial cystitis
- irrational fears
- irritable
- irritable bladder
- itchy skin
- lactose intolerance

## Fibromyalgia Symptom Checklist

- lightheaded
- lipomas
- loss of libido
- low blood pressure
- low body temperature
- low-grade fever
- medication sensitivity
- menstrual problems
- migraines
- mitral valve prolapses
- mood swings
- morning stiffness
- muscle knots
- muscle spasms
- muscle stiffness
- myocarditis
- myofascial pain
- narcolepsy
- nausea
- neuropathy
- night sweats
- night vision issues
- nightmares
- non-restorative sleep
- nose bleeds
- numbness in limbs
- palpitations
- paralysis
- paresthesia
- Paresthesia's
- pelvic pain
- Periodontal disease
- plantar fasciitis
- PMS
- poor circulation
- poor coordination
- Post-exertional malaise
- post-nasal drip
- psoriasis
- rashes
- Reactive hypoglycaemia
- restless leg syndrome
- rib pain
- scalp pain
- sciatica
- seizures
- sensitive to chemicals
- sensitive to light
- sensitive to medications
- sensitive to noise
- sensitive to odors
- sensitive to temperatures
- sensory overload
- shortness of breath
- short-term memory loss
- sleep apnea
- sleep starts
- susceptible to infections
- swelling
- tachycardia
- teeth grinding
- tender lymph nodes
- tender points
- tension headache
- thyroid disorder
- tinnitus
- TMD
- TMJ
- transposing numbers
- transposing words
- trouble concentrating
- unexplained weight change
- vaginismus
- vertigo
- vulvodynia
- weakness
- worsening vision